



## Recipe: Barbecued Ham



2 pounds of ham (chipped)  
1 cup ketchup  
1 cup Coca-Cola®  
1 chopped onion

At your local deli, purchase 2 pounds of good quality ham and have it chipped. In a skillet, cook the ketchup and Coca Cola with the chopped onion. Cook slow on medium heat. When it starts to thicken, add the chipped ham and cook to desired consistency. Serve on hard rolls.

-- Submitted by Diana Bierer of Monroe, NC