



Recipe: Mango Passion Sorbet



Makes 8 servings

4 cups Odwalla® Mango Tango Juice
2 cups Minute Maid® Premium Orange Passion Juice Blend
2 tablespoons lemon extract
3/4 teaspoon almond extract
Pinch nutmeg, freshly ground
2/3 cup trimmed fresh mango, sliced to 1/8" (optional)
1/2 cup trimmed fresh pineapple, sliced to 1/8" (optional)
1/2 cup trimmed fresh kiwi, sliced to 1/8" (optional)

Method:

1. Combine juices, almond extract and nutmeg in a saucepan over medium-high heat and reduce to 4 cups, about 30-45 minutes. Cool and chill well.
2. Place juice mixture in an ice cream machine and process according to manufacturer's instructions. When partially frozen, scrape into a chilled metal bowl and freeze for several hours or overnight.
3. Scoop into chilled dishes and garnish with fruit and nutmeg, if desired. Serve immediately.

Nutritional Analysis:

Serving size: 1/2 cup
Cal: 80
Protein: <.5g
Fat: 1g
Carb: 17g
Sodium: 27mg
Chol: 0mg
Sugar: 16g